



# PARENTING CLASSES

Triple P is a series of classes for parents on the move. This course demonstrates effective techniques and offers tips on dealing with the demands of parenting. Parents will become more knowledgeable about appropriate parenting techniques and gaining confidence in their parenting decisions.



## **FREE VIRTUAL CLASSES!**

*Classes will be held via Go To Meeting platform. Meeting invite will be sent to participants email address upon signing up. Class dates/times will be published as determined. Certificates of completion will be sent via email.*

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